

Dear nipper parents,

We are very excited to welcome you to the 2023-24 Seaford Nippers program.

With only a few weeks until we start, we'd like to update you about important dates and information for participating in the program.

Preliminary swim assessments – 2pm-4pm, Sunday 26 November

This session will be held at The Pines Aquatic Forest swimming pool. Please [register your child for the session](#).

Please bring: bathers, towel, goggles, Seaford green nippers rashie if you have one already

Each nipper needs to be assessed against water safety skills for their age group before participating in any nipper water activities. This [assessment form](#) details what skills need to be demonstrated for each age group.

The session will also be an opportunity to meet your nippers instructors, other nippers and their families and to purchase nipper uniform if required.

If you are unable to attend the swim assessment day

Your child's swimming instructor can also sign off the assessment form – please ensure you email the completed form to nippers@seafordlsc.com.au before our first session on Friday 1 December, to ensure your child doesn't miss out on water activities.

Uniform

Nippers are required to wear a Seaford LSC quartered cap (\$15) and Fluoro Rashie (\$40) to participate. These can be purchased at the preliminary swim assessment and at the beginning of the first nippers session. Sheila will also be at the club [from 12pm-2pm this Saturday 11 November](#).

First session – arrive 4.45pm for 5pm start, Friday 1 December

Meet on the deck at the front of the clubhouse to sign in your child. At the start of the session, our junior coordinator will speak to all children and parents about how the program will run, what to expect and opportunities for parent helpers.

Please ensure your child arrives ready to participate, wearing:

- bathers
- sunscreen (to be applied prior to the session)
- wetsuit (optional)

Please also bring:

- goggles (optional)
- towel
- water bottle

All clothing/equipment should be labelled with your child's name. Each nipper group will have an equipment tub, which nippers can put their gear in at the beginning of the session. The tub will travel with the group between activities.

Parent helpers

Nippers is not a drop and go activity - we expect at least one parent to stay throughout the session. Our program is run entirely by volunteers, so we also expect parents to help out each week. We are seeking parent helpers for the first session, please [sign up using our volunteer form](#).

BBQ

We will have a family BBQ following our first session on 1 December. Sausages will be available for a gold coin donation – please come prepared as we won't have tap or EFTPOS facilities.

We are also seeking parent helpers to assist for the BBQ, please [sign up using our volunteer form](#).

Communication

Our main form of communication will be through the [Seaford LSC Members page](#) on Facebook. Please ensure you join this page if you haven't already. Please email nippers@seafordlsc.com.au if you are unable to access the group.

We look forward to seeing you on Sunday 26 November for the swim assessments and on 1 December for our first session.